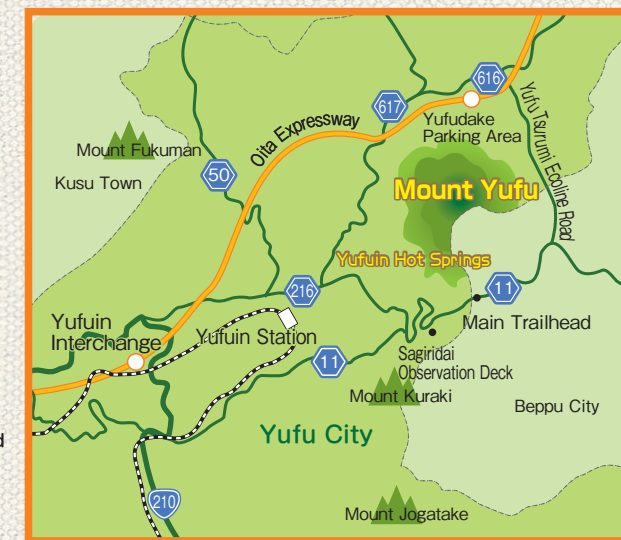
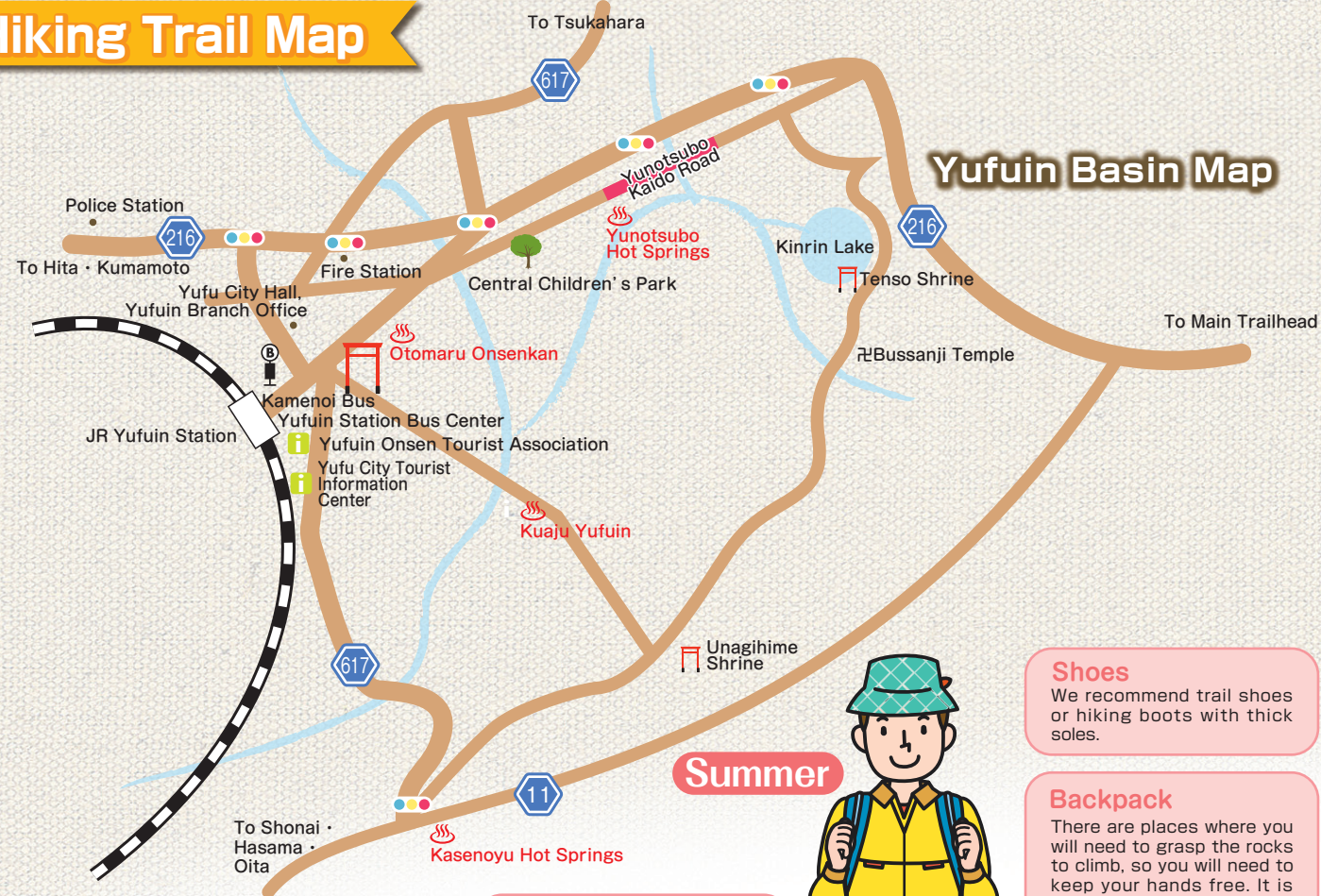


# Climbing Mount Yufu!

The awe-inspiring view from the 1,584m peak of Mount Yufu is a gift to those who climb it. We invite you to pack your lunch and make the challenge - enjoying the beautiful scenery, which changes with each season.

## Hiking Trail Map



## Getting to Mount Yufu

- By Car**  
Oita Expressway, exit at Yufuin Interchange. About 15 minutes from exit.
- By Train**  
JR Kyudai Main Line, Yufuin Station. About 10 minutes from station by car.
- By Bus**  
Kamenoi Bus. Get on at Yufuin Station Bus center, get off at Yufutozanguchi.

## Climbing Checklist

### Winter



**Shoes**  
We recommend trail shoes or hiking boots with thick soles.

**Backpack**  
There are places where you will need to grasp the rocks to climb, so you will need to keep your hands free. It is also a good idea to have light gloves (gunte) to protect your hands from the rocks.  
**<Things to have in your backpack>**  
 Drinking water  
 Lunch, emergency food  
 Cold weather gear, rain gear, change of clothes, gloves  
 First aid kit, etc.

**Hat**  
We recommend a warm hat that covers your ears, and won't be blown off by the wind.

**Clothing**  
Underclothing should be warm, and made of synthetic, quick-drying material. Cotton is not recommended as it lowers body temperature when it becomes wet from perspiration etc. Coats, pants, and gloves made for winter climbing should be worn over warm clothing. Thick fleece or down coats are best.

**Shoes**  
Weatherproof winter hiking boots should be worn.

### Summer



**Hat**  
There is very little shade on the mountain, so please wear a hat.

**Clothing**  
The wind and temperature change very quickly at high elevations, so wear a jacket that can be put on and removed easily. Long sleeves and long trousers help to avoid injuries and insects.

**Please be courteous so that we can all enjoy the climb.**

- Take your garbage out with you.
- Don't damage or remove plant or animal life. It is a very valuable asset.
- Carry a cellular phone or other means of communication with you.
- Don't climb in poor weather.

## Information

### Transportation

JR Yufuin Station	TEL.0977-84-2021
Kamenoi Bus Yufuin Station Bus Center	TEL.0977-84-3145
Minato Taxi Yufuin Office	TEL.0977-84-2141
Daiichi Transportation Taxi Yufuin Office	TEL.0977-28-8822
Oita Airport	TEL.0978-67-1174

### Emergency Contact Information

Yufu City Fire Department Yufuin Station	TEL.0977-85-2355
Oita Minami Police Department (Yufuin Main Police Box)	TEL.0977-84-2131

### Tourist Information

Yufu City Tourist Information Center	TEL.0977-84-2446
Yufuin Tourism General Office	TEL.0977-85-4464
Yunohira Hot Springs Tourist Information	TEL.0977-86-2367
Tsukahara Highlands Tourism Association	TEL.0977-85-2254

### Other

Oita Meteorological Office Telephone Service	TEL.097-537-8080
Japan Road Traffic Information Center (Oita Information)	TEL.050-3369-6644

## Hot Springs

Yufu City is famous for its abundant hot springs. We recommend a long, healing soak in one of the area's many hot spring baths after your hike.



**Yufuin Hot Springs**

These hot springs are located in Yufuin Basin. You will feel bliss as you soak in the hot springs while enjoying Yufuin's natural scenery, such as the famous morning mists, or Mount Yufu.



**Yunohira Hot Springs**

Yunohira has been known for its hot springs for over 800 years. Sloping cobblestone roads, built during the Edo Period, create a peaceful atmosphere.

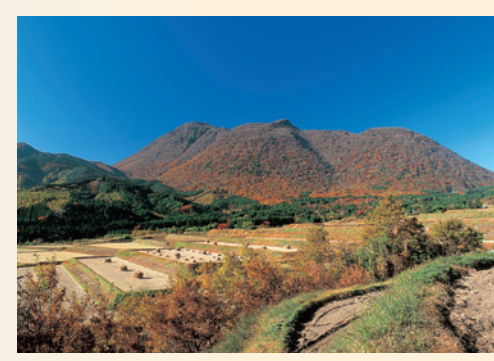


**Tsukahara Hot Springs**

The hot water of Tsukahara Hot Springs has been flowing since the Heian Period (794 ~ 1185). The water is tinted a light yellow-green and has a high acidity. Because of its unusual qualities, which are said to be effective against skin disease, this "hidden" hot springs has become well known throughout Japan.

## Surrounding Mountains

There are many mountains surrounding Yufuin Basin, with easy access to many hiking trails. The grand views from the mountain peaks, and the seasonally changing scenery are awaiting your visit.



### Mount Kuro

Thick natural forests cover this stately mountain, giving it a mysterious atmosphere. Its natural beauty can be enjoyed year round.

### Mount Jogatake

This is an easy climb for beginners. The summit, which can be hiked to in about forty minutes, overlooks Yufuin Basin.

### Mount Kuraki

With Yufuin Basin in front of you and Mount Yufu to your back, the summit of this mountain gives you an impressive 360 degree view.

## For further information

**Yufu City Department of Commerce and Tourism**  
TEL.097-582-1304

# Mount Yufu Hiking Map

## Mount Yufu (AKA: The Mt. Fuji of Oita) 1,584m

To Tsukahara

### CAUTION!!

Trails that don't begin at the main trailhead are difficult to understand, and shouldn't be attempted unless you are accompanied by someone with experience. There is no parking and few people hike these trails. There are guide signs.



**Primrose (Primula sieboldii)**  
With the coming of April, charming pink clusters spread across the fields.



**Globe Thistles (Echinops setifer)**  
The purple globes of these thistles can be seen in September, and can mostly be found in grassy plains.

### Flowers that color the four seasons.



**Kyushu Azalea (Rhododendron kiusianum)**  
In June clusters of brilliant pink cover the mountainside near Matae, the saddle between the east and west peaks.



**Hoarfrost**  
A gift of winter. Seeing the crystals sparkle against the blue sky as they reflect the sun's light is an experience that shouldn't be missed.

**Ohachimawari Course**  
(West Peak ← (90minutes) → East Peak)  
\*This trail circles the volcanic crater at the summit. The surface is covered in gravel and footing is very poor, so this should only be attempted by experts. This trail is very dangerous for tired feet which have just made a strenuous climb, so it should be attempted only with extreme caution.

**West Peak**  
This is the more difficult of the two peaks to reach. The trail is very narrow in places and must be traversed sideways. There are also sections which are climbed using a chain. As with the East Peak, the view is breathtaking.

**Matae**  
After a long section of switchbacks you arrive at Matae, a section of crater wall that forms the saddle between the West Peak and the East Peak.

**East Peak**  
You command a magnificent 360 degree panorama which includes Beppu Bay and Mount Takasaki.

**Goyagoe**  
Upon departing from the main trailhead you cross a grass field, pass through a stand of evergreen trees, and come upon this wide area, which is commonly used as a rest area.

**Ilorigajo**  
(Mount Yufu Trailhead → (75minutes) → Ilorigajo)  
\*This a good trail for beginners, people who lack confidence, and families with children. Yufuin Basin can be seen from the summit, and there is a very nice view.

**Main Trailhead**  
Although there are several trailheads, this is the trailhead used by most hikers. There are several parking spaces, both free and pay, a bus stop, a restroom, and a sign showing the different trails on Mount Yufu.

### CAUTION!!

Trails that don't begin at the main trailhead are difficult to understand, and shouldn't be attempted unless you are accompanied by someone with experience.

Average Time Required	Trail	Time	Destination
Average Time Required	Main Trailhead	Approximately 2 hours 30 minutes	Peak
	West Trailhead	Approximately 3 hours (maximum)	
	East Trailhead	Approximately 2 hours 20 minutes	
	Main Trailhead	75 minutes	

\*Time required will differ depending on stamina, weather, equipment, etc.

### West Trailhead

### CAUTION!!

Trails that don't begin at the main trailhead are difficult to understand, and shouldn't be attempted unless you are accompanied by someone with experience. There is no parking and few people hike these trails. There are guide signs.

Kirin Lake

Trans-Kyushu Road

Yufu Tsurumi Ecoline

To Beppu

11

617

Restroom

Entrance to National Forest

Passenger Cars...¥500  
Small Bus etc...¥1,000  
Large Bus etc...¥2,000

Pay Parking (70 spaces)

Bus Stop (Yufutozanguchi)

Restroom

Free Parking (30 spaces)

### Main Trailhead

West Peak

20 minutes

Beware of Rockslides!

The lowest parts of the saddle are dangerous. Beware of wind, rain, etc.

Caution! Use Chain

10 minutes East Peak

20 minutes

Clusters of Kyushu Azalea

130 minutes

Hyugagoe

Mount Hyuga 1,085m

30 minutes

Scenic View

80 minutes

### Main Trailhead Trail

Natural Forest

Goyagoe

West Trailhead Trail  
95 minutes

Ilorigajo 1,067m

30 minutes

30 minutes

60 minutes

Gate

15 minutes