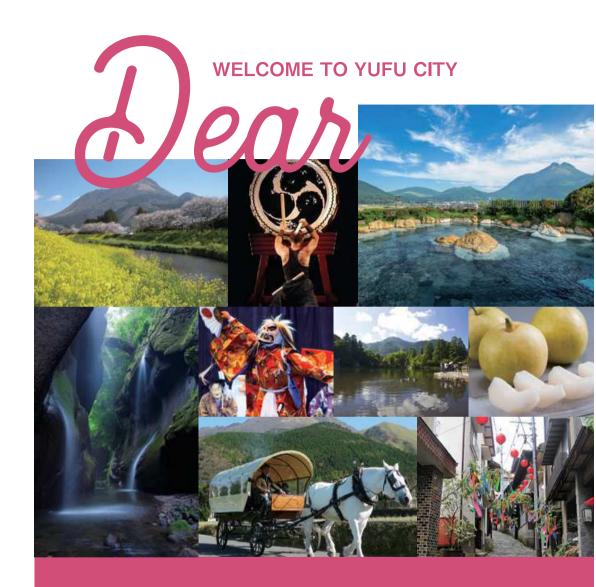


ANY TOURIST ENQUIRIES CONTACT

Yufu City Commerce and Tourism Division

T879-5498 302, Shonaichokakiharu, Yufu City, Oita tel.097-582-1304 fax.097-582-1361 http://www.city.yufu.oita.jp/



Relax in the wonder that is... Yufu City

Sincerely. Yufu City

TOURIST GUIDE TO YUFU CITY

Experience the art and crafts of Yufu City

ENJOY THE CRAFTS OF TRADITIONAL JAPAN FIRSTHAND

Just by sightseeing around the streets of Yufuin, you can easily miss the opportunity to experience traditional Japanese crafts.





Chopsticks, essential eating utensils to fully eniov a traditional Japanese meal. In a natural surrounding, using your own hands, create some beautiful hand-crafted chopsticks, in no time at all.

> At first the profile of the chopsticks are formed by whittling away the shafts with a pen-knife to the desired shape. You can enjoy making your own unique style of chopsticks only here.



After the initial shaping is completed, finishing is done by sanding the shafts to a smooth finish. All completed chopsticks are then personalized with a hot poker. The whole process is completed within 2 hours.

All materials and tools needed are

Anyone can make these chopsticks.

All you need to use is a pen-knife

sourced locally.

and some sandpaper.

Weaving



With careful guidance and tuition even beginners can easily weave their own unique piece of traditional Japan.



A color of your choice is first chosen from a variety of materials. From here we begin the process of weaving your own unique lunch mat.

The thread is then set in the loom. under the expert advice of the experienced staff on hand.



Once completed a totally custom-made lunch mat in length, color and texture is yours to take home right then and there.



The loom is hand operated. and slowly at your own pace you can change colors, or thread materials at anytime to create your own unique colorful, and textured piece of art.

Ceramics



TOHGEI

Japan is famous for its beautiful ceramic craftwork. With a variety of designs of cups, bowls or vases on offer for you to create. We have two contrasting styles of ceramic craftwork available for you to experience.



TOHGE

Clav is spun on an electric potter wheel in the conventional manner.

TEBINERI

The clay is kneaded manually to the desired shape without the piece moving at all from the table.

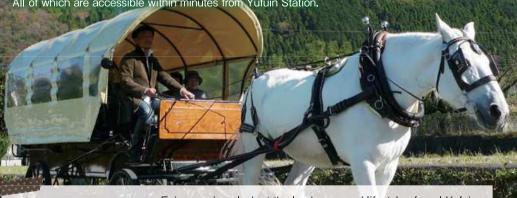




Experience the Beauty of Yufu City

TRAVEL THE OLD-FASHIONED WAY IN YUFUIN

Enjoy getting around, in a way you can truly experience Yufuin. All of which are accessible within minutes from Yufuin Station.



HORSE-DRAWN CARRIAGE

Enjoy a unique look at the landscape and lifestyle of rural Yufuin in a carriage tour around the outskirts of the town. This takes under an hour. The driver and his horse are always full of humor and personality, making this tour something to cherish and remember always.

ONE-MAN RICKSHAW

Seating up to two people, this mode of transport can take you almost anywhere vou wish to go in Yufuin, at a slow. comfortable pace. Enjoy the splendor of scenery in a truly traditional Japanese way.





SCARBOROUGH TAXI-CAB

This vehicle from vestervear enables the passengers to commute between popular viewpoints in Yufuin, is available to be booked privately for personal tours of up to 9 people at a time.



CANYONING THE YUFUGAWA GORGE

Situated between Mt.Yufu and Mt.Tsurumi, the Yufugawa Gorge opens up to a depth of 60 meters in places and runs for almost 12 kilometers. With its many beautiful waterfalls, the river flows amongst many boulders making for an exciting one of a kind adventure. Wetsuits and all safety equipment will be provided, and you will never forget the time you had with the highly trained instructors during this unique experience.



PICKING YOUR OWN NASHI PEARS

Only available in the late summer months, from August till November. With options of a buffet style, all you can eat, or a take-home bag. The orchard is easily accessible from National Highway Route 210 in Shonai. These pears are sold fresh directly to the public, from the orchard.

YUFUIN-ONSEN

由布院温泉 Variety 5

Enjoy the many varieties of hot springs in Yufuin. Bathe in luxury within the breathtaking surroundings or just relax yourself in a therapeutic health spa.

YUFUIN - ONSEN

Yufuin is ranked Number 2 in Japan for hot springs, in the number of hot spring outlets, which are almost 900.



COMMON HEALTH SPA

Calm surroundings for a very personal experience and a taste of life in Yufuin.

This calming hot spring takes away all tiredness.

Many of the hot springs around Yufuin are open to the locals for daily bathing, and relaxation. Here you can get the opportunity to mix with the locals and feel like you belong to Yufuin. The water is very kind on the skin and leaves you feeling very refreshed.





For a different experience, private baths are available for your peaceful enjoyment.

Bathe in beautiful surroundings and soothe your soul.

These beautifully set outdoor hot springs are available for hourly booking and commonly used by families with small children, and young couples, ideal for those intimate times. The open style is refreshing too.





Take in the astonishing scenery of Yufuin while enjoying a luxurious bathtime.

The scenery of outdoor baths gives an unforgettable experience, in deep contrast to the indoor variety.

There are several outdoor hot spring baths all over Yufuin where you can enjoy soaking in the bath while savoring the beautiful nature of Yufuin.



Naturally heal yourself the traditional Japanese way.

Taking your time to soak in the baths, healing the body and soul.

Long ago in Japan, hot springs were used as a therapy for various ailments from injuries to common sicknesses and digestion problems. Hot springs in Yunohira have been renowned for their healing properties since many years ago.





SECRET

A total seduction of all your senses.

Secret baths known only by a few, in the wilderness of Yufuin.

Far from the beaten track, these hidden treasures are wonderful places to enjoy.

Almost untouched and secluded, you can enjoy a private moment in natural surroundings.

These hot springs are rich in volcanic elements which enrich the bathing experience.



UNFORGETTABLE SCENERY OF YUFUIN

THE FOUR SEASONS OF YUFUIN

A wonderful destination famous for its beautiful scenery and its changing appearances throughout the year.



SPRING

春HARU

The beauty of Mt. Yufu and Oita River with pink cherry blossoms and bright yellow rape blossoms.

Oita River with pink cherry blossoms and bright yellow rape blossoms in the spring brings Yufuin alive with vibrant colors celebrating life. There are areas to sit and enjoy when you stroll around.



WINTER



Kinrin Lake



It is said that there are some natural springs under the lake that on early mornings create a beautiful mist on the surface of the lake. This combined with the beautiful autumn leaves, makes for a perfect place to take scenic photographs in autumn.



Meisui Waterfall

Situated within the Aso-Kuju National Park at the base of Mt. Kuro.

This place is very refreshing in the summer heat thanks to the natural spring and the waterfall being amongst primeval forest.



SUMMER



Yufuin Basin

The morning fog settles in the basin from autumn to winter in this region. The best place to see this is called Jakoshi Observatory. From here you can see the whole of Yufuin totally immersed in fog, resembling an ocean of cotton wool enveloping the whole area.





Yufugawa Gorge

Situated between Mt. Yufu and Mt. Tsurumi, Yufugawa Gorge opens up to depth of 60 meters in places and runs for almost 12 kilometers. With its many waterfalls against the intricate rock walls of the gorge, it is one of the most breathtaking sightseeing spots in Yufu City.



The snow covered Mt. Yufu

Mt. Yufu is also an active volcano, it rises 1584 meters above sea level. Often referred to as the Mt. Fuji of Oita prefecture, it is an iconic symbol of Yufuin. Access to the mountain can be made all year round. In the winter months the mountain is completely covered with snow and is a beautiful sight to be seen.

ENJOY THE CUISINE OF YUFU CHTX Many places to taste large helpings of delicious local meats

BUNGO GYU is a top ranked speciality beef raised in Oita. This, delicious chicken and pork can be found in many restaurants around Yufuin. All with their own unique ways to prepare and enjoy in a meal, this itself shows the diversity of Oita lifestyle. Come and try for yourself the varied ways of enjoying these original dishes.



Select 1 しゃぶしゃぶ SHABUSHABU

Shabushabu means to briefly immerse the meat or vegetables into a large, near boiling bowl of diluted stock. Usually with a base of various flavors commonly used in Japanese cooking. Typically fatty Japanese marbled beef is ideally suited to this style of cooking as the soup removes a lot of the fat in the flesh and leaves a surprisingly refreshing taste in the mouth.



Thin slices of rib. sirloin are charred on an open grill. This simple method of cooking allows for a tender and succulent mouthful of steak enjoyed straight off the grill.



Select 3 ハンバーグ HAMBAGU

Original patties made from select beef raised in the Oita region. A very popular dish with foreign visitors to Yufuin. These can be cooked in various ways, on an open grill, hot plate or using other delicious methods.

Natural treasures raised in Yufuin



SOBA

Noodles handmade from buckwheat, using the pure spring water of Yufuin in the process. These noodles are enioved cold or warm. along with being high in nutrition and dietary fibers.



DANGO-IIRU

A traditional soup dish made by rolling and kneading flour into a thin dough, then cutting it into wide strips. These noodles are then boiled in miso soup along with seasonal vegetables.

FOOD FOR HE HEART AND SOUL

Make your journey to Yufuin memorable by bringing back a part of Yufuin for your loved ones and friends. Food products are carefully prepared to ensure good flavor and freshness. Many places offer a sample of the goods before you buy, so feel free to try them.



IAM

Various fruits of the region combined with sugar to capture the fragrance and flavor of Yufuin in a jar.



YUZUGOSHO

This is a refreshing spice made from finely cut skin of "vuzu". a local citrus fruit, mixed with chili pepper.

It compliments many dishes and soups.

ENJOY THE FLAVOR OF YUFUIN LIQUOR





WHEAT SHOCHU

Shochu is Japanese distilled liquor. In Yufuin, natural spring water and high quality rye are used, for a smooth and satisfying flavor.

The Tourist Hotspot of Yufu City

Yufuin Area

A popular town famous for its varied stores, restaurants, and cafés. The beautiful food and natural surroundings of Yufuin make for a delightful time spent by all, anytime of the year.





The guides welcome you to Yufuin as soon as you step off from the train. and are able to introduce you to many interesting activities available around Yufuin.

Within the station itself is an art gallery, which also serves as the tourist information center of Yufuin. There is also a refreshing foot spa for tired legs. Lockers are available for heavy luggages. and a cycle rental service is also offered.



This gateway leads the way to the tourist center of Yufuin.

This gateway now is the opening to the main pedestrian entrance to Yufuin town; it was once the entrance to the shrine. Nagi Hime of Yufuin. Once you walk along this route you soon will be amongst the many tourists who flock here all year round.











Kinrin Lake

The perfect place for a memorable photo.

Cool and warm spring waters form the lake. In early winter morning, mist rises from the lake surface making for an amazing sight to be seen.



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CHE D

Ducks and

distances

geese could be seen at close

Recommended

YUFUIN VARIETY BOX

Filled with foods unique to Yufuin, and packed with local speciality beef, fish or chicken along with select fresh produce of Yufuin. Full of healthy, nutritious ingredients prepared with the typical Japanese finesse you would expect.



This area is dotted by many cafés. Do take a break in one of them when taking a walk.

There are many interesting cafés around Yufuin with their own unique and memorable dishes. All easily accessible on foot, they provide food and beverages for all tastes.





Tten 6 Yunotsubo Road

The main street for tourism where many shops line the sides.

Along this road are 70 stores offering gifts, and local foods to the many tourists who flock to Yufuin all year round. Take your time and enjoy the experience of shopping, or just browsing in the varied places on offer only here.





foot spa

Refresh your tired feet in this open style seating area.

This foot spa is another variation of hot spring enjoyed in Yufuin. Hot spring water is collected in knee-high baths for your enjoyment. Some Japanese inns also offer this service in Yufuin.

12 11

Long established hot spring area of Yufu City

Yunohira Area

This small rural town of Yunohira in Oita prefecture is located in a small valley 30 minutes by car from Yufuin. Known for its old traditional stone paved streets and retaining walls, this village has been famous for its therapeutic hot springs in Oita for almost 300 years now.



Entrance

Many of the Japanese inns of Yunohira

experience what it feels like to live in

offer a rental service, so you can

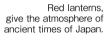
the Edo period firsthand.

Colorful Yukata

Recommended

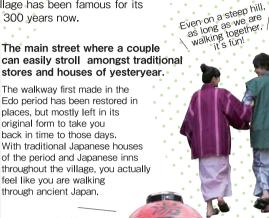
can easily stroll amongst traditional stores and houses of vestervear.

The walkway first made in the Edo period has been restored in places, but mostly left in its original form to take you back in time to those days. With traditional Japanese houses of the period and Japanese inns throughout the village, you actually feel like you are walking through ancient Japan.



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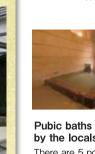


Yunohira Paper Lanterns

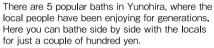




Public Bath Houses



Pubic baths maintained by the locals.



Wooden or steel

honesty box

The common practice is to drop the fee into small wooden honesty boxes at the entrances, and enjoy your time as you please.



Soothing sound of a running river

C SED



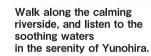


Local Dessert



There is nothing like cooling down after a refreshing hot spring, with a delicious speciality ice cream of Yunohira.

Available in flavors from local fruits and vegetables grown in the region. Eniov this treat while walking around, exploring the village.



Walking Along

Kagono-Gawa

In the day, beautiful colors of the seasons, and in the night, starry skies can be enjoyed during a stroll.



UNAJU

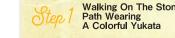
River eel broiled in a sweet and sour sauce served on rice in the traditional manner.
This is a delicacy of the amongst Japanese people for its nutritional benefits.











13 14

parkling Night Lights

A quiet area of highlands dotted with various unique shops

Tsukahara Area

Though Tsukahara, approximately 600m above sea level, is about 10 minutes by car from Yufuin area, nature there is almost untouched. Please do have a relaxing time enjoying the pleasures found only in highlands.

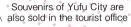


A blue signboard marks the tourist office!

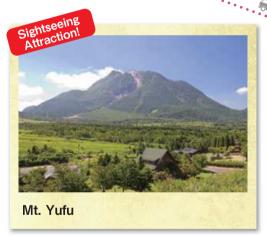
The tourist office also functions as a shop with a selection of unique items.

This office serves as a general information center providing with accommodations. eating places, art galleries and sightseeing information in Tsukahara area. Wooden tableware, accessories

and foodstuffs produced by craftsmen who live in Tsukahara are also being sold in the office.







A symbol of this area for sightseeing where a view of 360 degrees can be enjoyed.

Standing at 1584m above sea level, viewable even from Tsukahara Plateau, this magnificent mountain is a well-loved symbol of the area and a popular sightseeing attraction. Throughout the year. a great number of mountain climbers visit it, where the beauty of each season can be enjoyed.







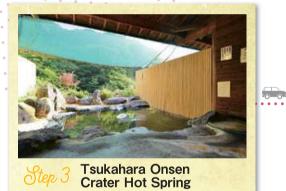
Wooden cutlery made with care one by one

Handcrafted items such as vessels. cutlery, tableware and art objects made from various small trees. Items filled with the warmth of wood to take home as mementoes of your travel. They are great as gifts too.





Freshly-Squeezed Milk



One of the "Top 3" large medicated baths in Japan hot spring quality. rare and valuable nationwide

The acidity level and aluminium ion content in Tsukahara Hot Spring take top second places in Japan, and the iron ion content tops at the first place in Japan. It is known nationwide as one of the "Top 3" large medicated baths in Japan. Containing only natural free-flowing hot spring, no water has been added to it.



French Dishes

We can enjoy French cuisine with family and friends in the great nature of Tsukahara. Depending on individual choices, meals can be selected from lunch sets to full courses cooked with home grown vegetables and bee stew from high quality meat.



A rich flavor can be enjoyed from freshly-squeezed milk.

Homemade ice-cream, as well as freshly-squeezed milk from a pasture in a prairie within a rich green forest in Tsukahara Area, can be enjoyed. Several flavors can be chosen for the ice-cream, from simple milk flavor to the different kinds of fruits available in each season.



Kirishima Shrine

Known as a shrine with a famous gushing spring water. many people visit it from within and outside the prefecture

Not far from the tourist office, the shrine is known to have a famous gushing spring water which is refreshing and delicious. If you would like to collect the spring water, please pay the admission fee into the offertory box in the shrine and bring along a container such as a plastic bottle.

Don't forget to visit the shrine too! /



15

A mysterious gorge that is worth a look

Hasama Area

Nature such as the scenic area of Yufugawa Gorge which represents Yufu City, and warm meals made with local products welcome the visitors. It is refreshing to get away from the bustle of daily life and get close to nature.



Station

Yaseh-Uma

A local sweet or snack

well-known and loved by the locals in Hasama Town. It is made with

wheat flour into flat noodles, boiled and then covered with soybean powder and sugar before being served.

Recommended



Historical shrine for worshipping the gods for cattle.

In the olden days, when people depended on the cultivation of fields for their living. cattle were indispensable.

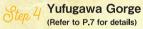
Such cattle were worshipped like gods at Daijogon Shrine. Every year, from January 13th to 15th, a festival to pray for the safety and health of cattle is held.



There are many

kinds of animals

in the shrine





Historical Folk Museum

A market full of local seasonal produce

Vegetables and fruits freshly picked from Hasama area are being sold here at reasonable prices. Delicious vegetable dishes cooked by local farmers can also be bought, and eating places serving local dishes can also be found close by.

materials are exhibited. Items such as tools and equipment for agriculture and daily life used by the locals in the past, and ancient earthen vessels and wartime materials uncovered in Yufu City are being exhibited. Rease feel free to experience some Japanese history and culture there.

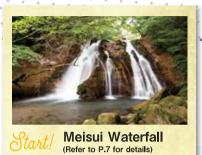
A museum where numerous

valuable Japanese historical

Beautiful nature that welcomes all visitors

Shonai Area

Shonai area is full of scenic spots of beautiful nature, famous gushing spring water and refreshing energy from the earth within the prefecture. It is well-known for the agricultural areas and is blessed with good quality water. thus abundant rice of excellent quality is produced.



Local heroic folk

There is a kind of dance.

called "Kagura", one of the

folk entertainment dances

representative of Japan.

entertain the gods. This

dance is also performed in

Shonai Town, handed down from generation to generation, and public performances are

originally performed to

held regularly.

entertainment

from long ago.

We can enjoy together

Tansan Somen

Refreshing noodles to be enjoyed with natural carbonated spring water.

"Somen" is a kind of thin noodles made with wheat, and it is usually served in bowls filled with cold water. However, in Yufu City which is full of nature, "somen" is sometimes served with natural carbonated spring water from deep down the earth. Do enjoy having it with accompanying sauce and condiments.





oten 4 Shonai Kagura





Kuchinoharu Fureai Park

View spot in spring

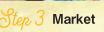
A relaxing square where beautiful cherry trees bloom in spring.



A "Power-Spot" filled with energy from the nature.

At the base of Mt. Kuro, a mountain covered with primeval forest, several spots where refreshing and delicious gushing spring water full of abundant minerals can be found. These spots are collectively known as "Oike". Sidewalks are also available.





Souvenirs Recommended by Yufu City

Various souvenirs made from famous products of Yufu City When at lost for gifts to get, do consider these items!



Yuzu-Neri



"Yuzu-Neri" has been popular since long ago as a sweet to accompany tea. It is fragrant, mild and is like marmalade in Japanese style.



Mitsuemon



"Mitsuemon" is baked from sweet potato with high sugar content. With a special paste including butter and egg yolk, it is a moist and rich cake with a creamy texture.

** Available within a limited period between October~April





It has a special design of Yufuin on the bottle that is also popular among the locals.

The water used in this product is 100% from the natural water in Yufuin.



Wooden Crafts



Vessels, cutlery and toys handcrafted one by one with care using wood from various small trees.
As recommended gifts they would

As recommended gifts, they would delight anyone of any age.



To everybody who wishes to enjoy Yufu City.

Do follow the rules in different places, for good memories of your travel.













Do note that bathing areas are separate for men and women in most places.





Do wash your body clean before getting into the baths.



20

Do not soak anything like towels in the hot spring baths.



/18/

